# OCTOBER 2018

**Swallow School** 

Menu Subject to Change

Fruit and Vegetable Bar Included with all Meals

### Monday

Waffle Sticks and Sausage **Breakfast Sandwich** Taco Salad

> **Hashbrowns Orange Juice**

Ham and Cheese Waffle **Breakfast Sandwich Taco Salad** 

> **French Fries** Chicken Noodle Soup

8

15

29

**Chicken Nuggets Breakfast Sandwich Taco Salad** 

> **Baked Fries Ginger Carrots**

Mini Monday! Mini Pizza Bagels Mini Corn Dogs Mini Bratwurst on a Bun Mini Babvcakes **Tiny Peas** 

**Chicken Strips Breakfast Sandwich Taco Salad** 

**Petit Four** 

**Shoesting Fries Corn Niblets** 

### **Tuesday**

**Chow Mein Casserole** Hamburger or Cheeseburger Turkey Ranch Wrap

> Fried Rice Peas **Fortune Cookie**

**Turkey Meatball Sub** Hamburger or Cheeseburger **Turkey Ranch Wrap** 

> **Sweet Potatoes** Roasted Vegetables Ice Cream

**Baked Chicken Legs** Hamburger or Cheeseburger **Turkey Ranch Wrap** 

> **Mashed Potatoes Green Bean Casserole** Cookie

**Beefy Nachos** Hamburger or Cheeseburger **Turkey Ranch Wrap** 

> **Mexican Rice Spicy Pinto Beans**

Cheesebread w/ Marinara Hamburger or Cheeseburger **Turkey Ranch Wrap** 

> **Garlic Toast Green Beans** Cookie

#### Wednesday

Chicken Alfredo Chicken Patty on a Bun Salami and Cheese Sub

> **Fettuccini Noodles Roasted Beets** Rice Krispie Treat

Spaghetti and Meat Sauce Chicken Patty on a Bun Salami and Cheese Sub

> **Dinner Roll Broccoli Casserole**

Pizza Casserole Chicken Patty on a Bun Salami and Cheese Sub

> **Breadstick** 7-Layer Salad **Birthday Cake**

**Swedish Meatballs** Chicken Patty on a Bun Salami and Cheese Sub

> **Egg Noodles Green Beans Pudding Cup**

**Grilled Cheese Sandwich** Chicken Patty on a Bun **Turkey and Cheese Sub** 

> **Tater Tots Tomato Soup**

#### **Thursday**

**PIZZA THURSDAY!** 

Cheese or Pepperoni Pizza Hamburger or Cheeseburger **Yogurt Pack** 

**Garlic Toast** 

#### **PIZZA THURSDAY!**

Cheese or Sausage Pizza Hamburger or Cheeseburger **Yogurt Pack** 

> **Curly Noodles** Jell-O

**PIZZA THURSDAY!** 

18 Cheese Pizza Hamburger or Cheeseburger **Yogurt Pak** 

> Pasta **Garden Vegetables**

**NO SCHOOL** 

## **Friday**

Sloppy Joe on a Bun **BBQ Riblet Buffalo Chicken Salad** 

> Corn Chips Fresh Veggies w/ dip Apple Crisp

Hot Dog on a Bun **BBQ Riblet Buffalo Chicken Salad** 

> Macaroni & Cheese **Bronco Beans**

Early Release Day!

No lunch served

NO SCHOOL

Farmhouse Salad: A fresh-made salad with crisp lettuce, turkey, bacon, egg and cheddar cheese. Topped with croutons and your choice of dressing.